

# IWF Technical Committee PowerPoint

## ‘Referee’



**Referees must concentrate  
on their main task,  
“Adjudication of the lifts”,  
But there is more...**

# A Referee group at IWF Event (7.7.2)

- Centre Referee
- 2 Side Referees
- 1 Reserve Referee

## **NOTE:**

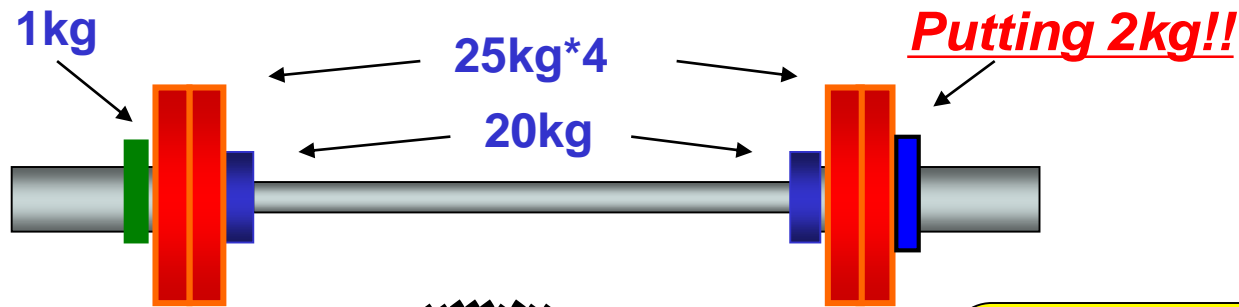
- Referees in each group must **rotate** positions
- Each Referee group must have **2 women** and **2 men**



# Before each attempt... (7.7.4)



**Check** and **make sure** the weight announced by the **Speaker** is correctly **loaded on the bar**.



**Watch !!**



**Listen !!!**

“Loaders, **137** kilos,  
please”

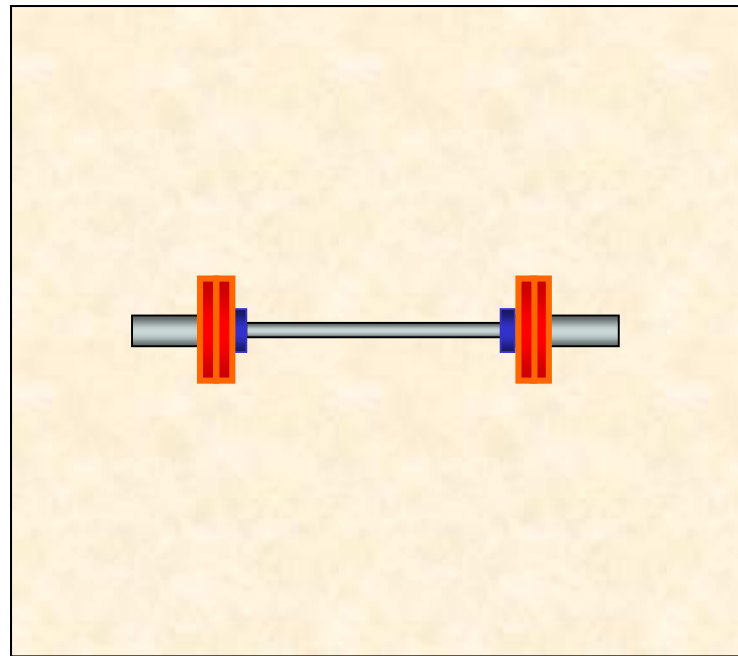
**No !!**  
**Green 1kg plate**  
**Please !!**

**Don't hesitate.**  
**Make a clear sign** to let  
the loaders know !!

# If the Barbell is not set on the centre of the Platform...



**Sure!!**



**Put the barbell  
on the centre  
please !!**

**Centre Referee  
can see easily.**

**Ask Loaders to move it to the centre.**

# When Referees see blood on the bar...



- Request the **Loaders** to clean the Bar.
- If the **Loaders don't understand** what you are telling them, you must report it to the **Technical Controller** or **Jury Members**.

**Gestures** will make you more **easily** understood.

**e.g. Pointing out your shin with scratching gesture**

# **Incorrect Movements**

## **(for all lifts)**



- **Pulling from the hang (2.5.1.1)**
- **Touching the platform with any part of the body other than the feet (2.5.1.2)**
- **Pause during the extension of the arms (2.5.1.3)**
- **Finishing with a press-out (2.5.1.4)**
- **Bending and extending the elbows during the recovery (2.5.1.5)**
- **Leaving the competition platform or touching the area outside the competition platform (2.5.1.6)**
- **Dropping the barbell from above the shoulders (2.5.1.7)**
- **Failing to replace the complete barbell on the competition platform (2.5.1.8)**
- **Not facing the Centre Referee at the beginning of the lift (2.5.1.9)**
- **Releasing the barbell from an incomplete position (2.5.1.10)**
- **Touch the barbell with his / her footwear (2.5.1.11)**

# Incorrect Movements

(for Snatch, Clean, and Jerk)



## Snatch

- Pause during the lifting of the barbell (2.5.2.1)

## Clean

- Resting or placing the barbell on the chest before its final position (so called “double clean” or “dirty clean”, 2.5.3.1)
- Touching the thighs or the knees with the elbows or the upper arms (so called “elbow touch”, 2.5.3.2)

## Jerk

- Any apparent effort to jerk which is not completed; including, lowering the body or bending the knees (2.5.4.1)
- Any deliberate oscillation of the barbell to gain advantage (2.5.4.2)

# Remember definitions



- **Pulling from the hang (2.5.1.1)**

“ Stopping the upward movement of the barbell during the pull “

- **Press out (2.5.1.4)**

“ Continuing the extension of the arms after the athlete has reached the lowest point of his/her position in the squat or split for both the Snatch and the Jerk “



# During the execution of a lift



If you see a fault or incorrect movement,

Press **Red** immediately after the incorrect movement

- Pulling from the hang
- Elbow touch
- Pressing out
- Oscillation      etc.

**If No Lift**, the **sooner** the **better** to save the Athlete's energy.

# Oscillation (2.5.4.2)

The athlete must become motionless before starting the Jerk

**Press Red**, if you see;

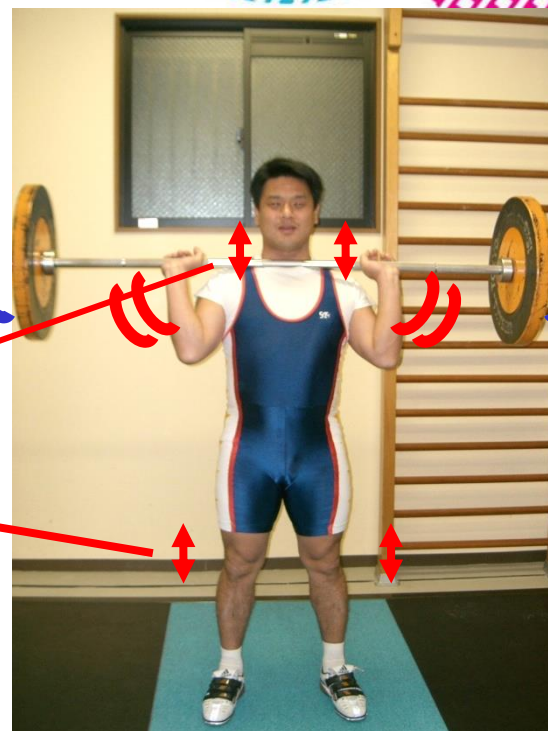
**Shaking arms, shoulders**

**Repeated slight knee bending**

But,

**Oscillation** is **different** from the bar's **natural bending** movement.

If the **athlete** is **motionless**, **no problem!!**



# Case by case: Incomplete Movements /Positions



- Uneven or incomplete extension of the arms at the completion of the lift. (2.6.1)

Immediately, **No Lift.**

- Failing to finish with the feet and the barbell in line and parallel to the plane of the trunk. (2.6.2)
- Failing to fully extend the knees at the completion of the lift. (2.6.3)

**If the athlete lowers barbell with these incomplete positions, No Lift.**

# During the execution of a lift



Referees must **watch carefully** until the Athlete becomes **motionless** in all parts of the body.

- Arms and legs are fully **extended**
- Feet and barbell are **in line** and **parallel** to the **plane of the trunk**

**Wait, wait, wait, until the final position !!**

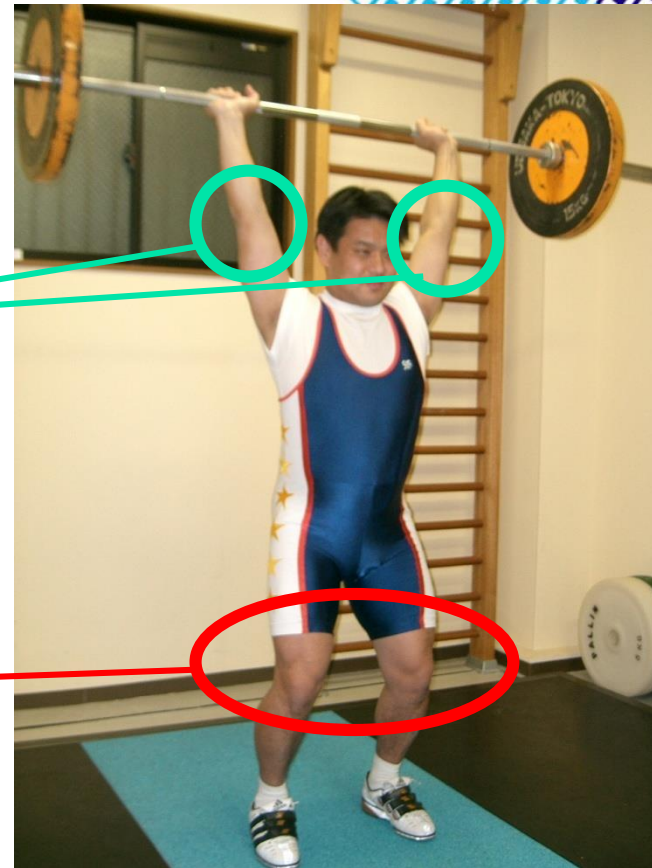
# Arms and legs fully extended



What do you think ?

OK !

Not yet !!



You must wait until legs are fully extended.

# Feet and Barbell in line



What do you think ?

**Not yet !!**

You have to wait until  
the feet are in line



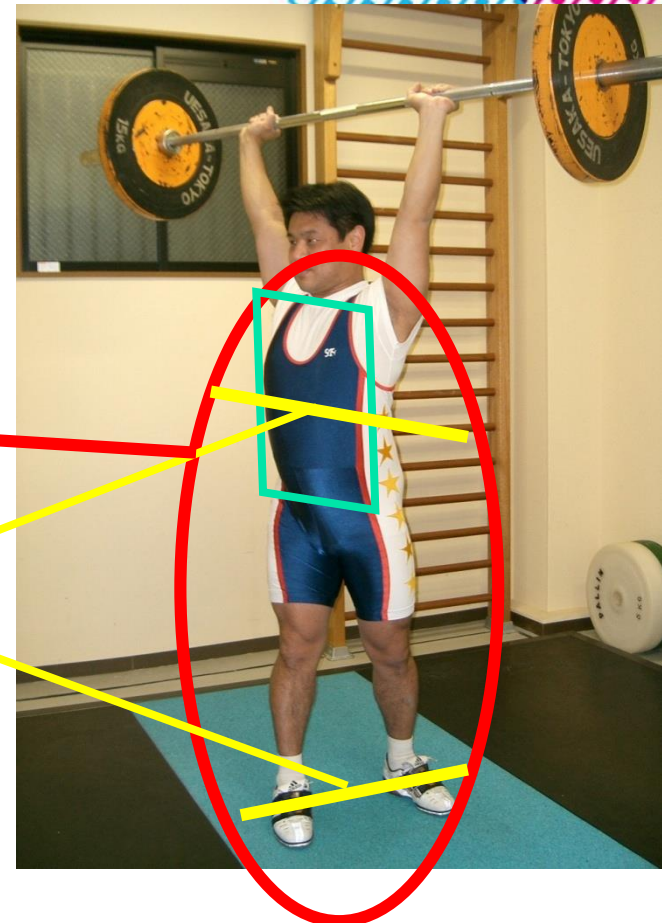
# Feet and Barbell parallel to plane of trunk



What do you think ?

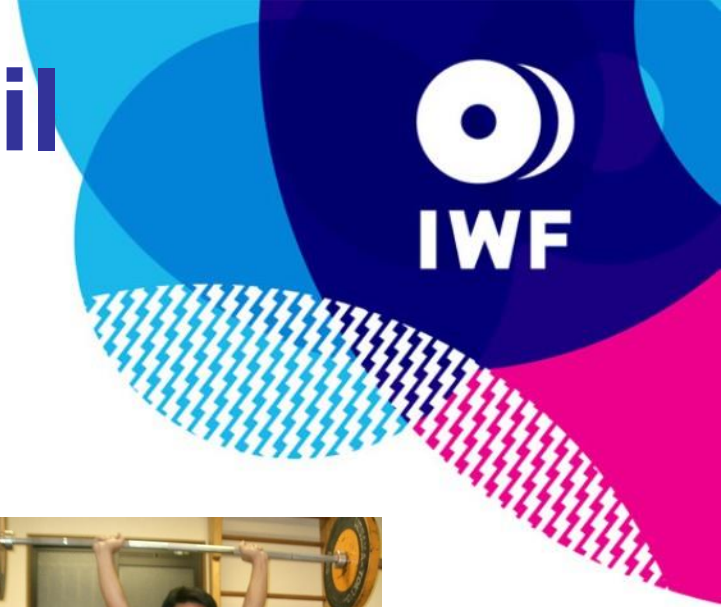
**Not yet !!**

**Not parallel**



You have to wait until  
the feet and Barbell are parallel to the plane of trunk

# You have to wait until Final Motionless Position



**Still rotating**



**Still walking**

**You have to wait until the Athlete becomes motionless**

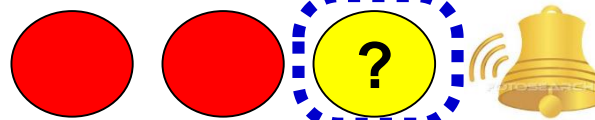
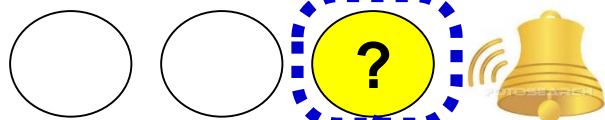


# When the Athlete has made the final position...

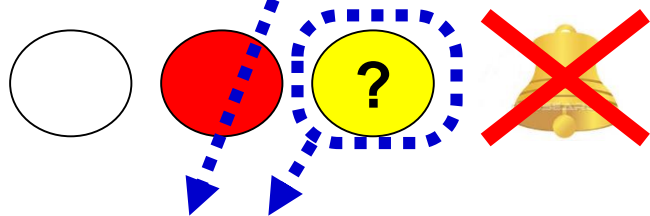


Press White, **immediately!!!**

2 of the Referees have given **identical decisions**,  
Electronic Referee Light System gives the **Down Signal**.



If one Referee hasn't pressed any button while the one Referee pressed White and the other pressed Red, the Light System will not give the Down Signal !!



**NOTE:** He/she receives a warning sound to urge the decision.

# Completion of each lift is Athletes' sole responsibility (2.4.8)



Even when the other **2 Referees** press **White**  
if the Athlete has not attained the final position,  
and

**Beep !**

if the Athlete **lowers** the Barbell,

**You must press Red !!**

In such case,

With **Jury Members' unanimous** agreement,

The **Referees' decision** will be **reversed** (White → **Red**)

# So, well-coached Athletes...



**Still try to attain the final motionless position**

**even after 2 of Referees press White.**

**Beep!**

In such case,

**If the Athlete succeeds in attaining the final position,**

**You must press White !!**

# If the Athlete hasn't heard or noticed the Down signal...



**Centre Referee gives audible and visible down signal.**

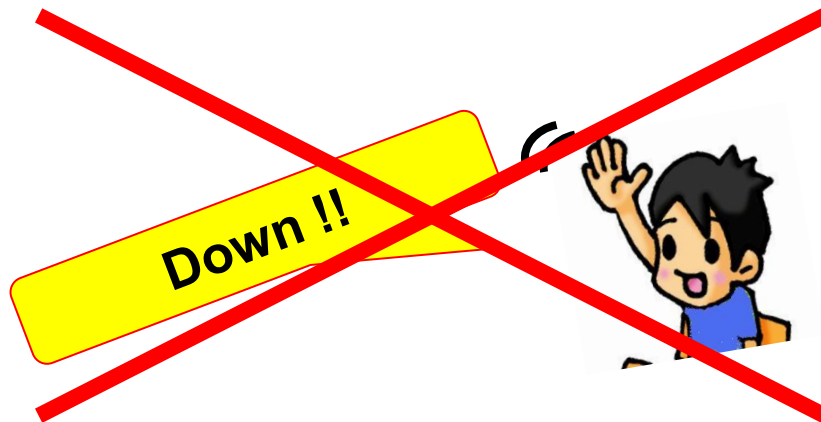


**It happens when big crowds are in attendance.**

# Centre Referee must not...



When **electronic Referee Light System** is used,  
**Centre Referee must not give manual signal** until the  
**electronic down signal** has been given.



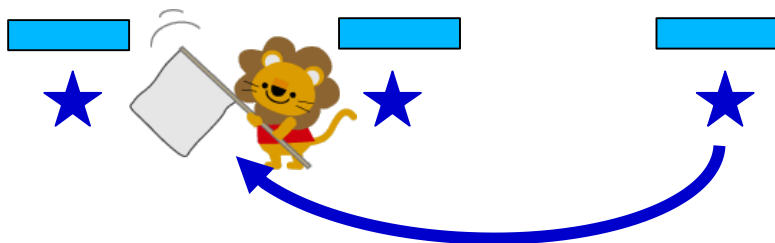
The other Referee(s) may consider the lift  
has not been completed yet

# Referees may move (7.7.4)



If the Athlete has moved  
(twisted, walked)... to where  
the view of the Referee(s)  
impaired.

In that case, **take flags!!**



# If the Referee Light System is broken during the lift...



Centre Referee seeks confirmation from the side Referees, **immediately!!!**

**Side Referees must cooperate** by using gesture of Good or No Lift !!



or



Then, Centre Referee gives audible and visible down signal.



# Referees must press Red !!



- To any unfinished attempt in which the Barbell has reached the height of the knees (2.4.2)

Once the Barbell has reached the knee level the attempt is **complete**. If the Athlete lowers the barbell he/she **cannot** repeat this attempt.

In this case **the Referees must press Red**.

**NOTE:** Don't press red to the Athlete who hasn't lifted the Bar above the knee level unless the time expired (see below)

- If at the end of the allocated time the Athlete has not raised the Barbell (6.6.7)

**Be attentive** also to the **Timing Clock !!**



# Change your decision from Good Lift to No Lift



After Referees give White, if the Athlete:

- Lowered the Barbell **behind** him/her
- Dropped the Barbell from **above the shoulders**
- **Failed to replace** the complete barbell on the competition platform

**No lift**



**OK**



You can change your decision within 3 seconds or raise flag.

**Beep**

0"

Change by  
button

3"

Change by  
raising flag

